



January 2007

www.iceboxskatingclub.org

We would like to welcome all of the new people that have joined the Learn to Skate program. We are so happy to have you with us. We would like to ask everyone that has internet access to check the Club website for any new information, including class scheduling changes. We now have a Yahoo groups for all Learn to Skate members so we can send out information via email. Send an email to IBSC-subscribe@yahoogroups.com to subscribe.

The club website is:
<http://iceboxskatingclub.org/>

Our Figure Skating Coaches:

Michelle Riccio-Mensik
Tracey Hyduk Mulherin
Lisa Horstman
Jim McNab
Amy Reinthaler
Annie Davis
Sarah Khan

Our Hockey Coaches:

Rich Krupp & Aaron Nowak

The Ice Box Skating Club Board Members

Bill Gates - President
Jeff Stahl - Vice President
Nancy Khan - Treasurer
Michelle Riccio-Mensik - Secretary
Brian Haygood - Board member
Mike Klute - Board member

Winter 2007

2nd session

Learn to skate dates:

JAN 5	FEB 9
JAN 12	FEB 16
JAN 26	FEB 23
FEB 2	MAR 2

Sessions run 5:00pm - 7:00pm

**In case of inclement weather
please call 574-286-0636 to
check if the rink is open.**

The Pro Shop

**Now carries a full line of figure
skating supplies.**

Winter Hours:

Mon - Fri 4:00pm-9:00pm

Sat - 8:00am - 9:00pm

Sun - 8:00am - 9:00pm

Hours subject to change due to schedule

Ice Box Rink Rules

Do's

1. Follow the instructions of the ice monitors
2. Be kind to other skaters
3. Skate safely
4. Stop for whistle
5. Listen for your name
6. Respect Coaches
7. Practice, practice, practice
8. Have Fun!

Don'ts

1. Play tag, chase others, or race
2. Skate in zone between the cones. It is reserved for spin practice.
3. Rough play
4. Use foul language
5. Wear skates into bleachers or on concrete. It ruins the blades.
6. Change music, or enter the announcer's box.
7. Exhibit any disrespectful behavior.
8. Use your skates to dig into the ice surface.
9. Throw apparel onto the ice.

These rules are here to ensure the proper care of the facility, equipment and for the safety and enjoyment of all participants. Failure to follow these guidelines could result in the loss of your skating privileges.

FAQ'S and Useful Info

Do I need to check in each time I come to Learn to Skate class? Yes, please stop by the check in table when you arrive for class.

*Can my family or friend skate while I am in my class? Family members and friends are welcome to skate on the open skate sheet of ice for a **guest fee of \$5.00**, skate rental is extra.*

I own my own skates, can I get them sharpened? Yes, you may take your skates to the Pro Shop during posted hours and get them sharpened.

Fee:

\$6.00 for Figure Skates

\$5.00 for Hockey Skates

We encourage all Learn to Skate skaters to skate on the open sheet of ice before or after their class.

There is no extra fee for the students and it is great practice for them. The open skate is the same time as class.

Do not walk on cement or the bleachers in your skates without skate guards on!

Basic Skills Membership Annual Fees

1 st member	\$40.00
2nd member	\$35.00
Family Membership (3 or more members)	\$100.00

Session Fees

This skating program consists of four 8 week sessions, payable per session or annually at a reduced rate.

1 – 8 week session (1 st family member)	\$80.00
Each additional family member	\$70.00
4 – 8 week sessions	\$300.00
Each additional family member	\$280.00

Registration Discount

Bring along a paying non-immediate family member and you will receive a 50% discount towards your next session.

Additional Fees

Skate rental fee per class	\$3.00
Skate rental "Value Pass" (8 rentals)	\$16.00
Guest Skater fee	\$5.00

Guest skaters must sign a waiver of liability. Waiver must be signed by the guardian/parent of anyone under the age of 18).

The Pro Shop Introduces.....

"Protective Equipment Package Rental" for Hockey Learn to Skate students.

Rental package includes:

- ✓ Pants
- ✓ Helmet
- ✓ Gloves
- ✓ Elbow Pads
- ✓ Shin Guards
- ✓ Shoulder Pads
- ✓ Equipment Bag

Rental Fee: \$30.00 per session
Package may be purchased for \$180.00

For more information about our equipment rental package, stop inside the Pro Shop or call 574-288-5753

Good Websites

The Ice Box Skating Club
<http://iceboxskatingclub.org/>

The Figure Skaters Website
<http://www.sk8stuff.com/>

US Figure Skating
<http://www.usfigureskating.org/>

Competitor's Corner

2007 Skating Competitions

BLIZZARD BLAST at the
Ice Box Skating Club
January 27th, 2007

Springtime Spectacular
April 20-22
Ft. Wayne

Skate Indy
June 22-24
Indianapolis IWSA

These competitions have events for all Basic Skill levels.

Life after Basic Skills – so what is next after Basic Skills classes. The next step would be testing. Figure skaters have to test with a judge for each new level that they compete at. The first level after Basic Skills is Pre-Preliminary. For each new level of skating they must take and pass a *Moves in the Field* test.

In Singles Freeskating, there are 8 Test Levels defined. With the exception of the very first one, each test is a program skated to music, with very specific required elements (sort of like a "short program" for competition). In the very first or "PrePreliminary" freestyle test, the skater is asked to perform jumps and spins as separate elements. The singles freestyle test levels are: *Pre-Preliminary, Preliminary, Pre-Juvenile, Juvenile, Intermediate, Novice, Junior, and Senior*.

It is necessary for all skaters to take and pass the Moves-in-the-Field (MIF) test associated with a particular level before taking the Freestyle or Pairs test at that level. It is not possible for a skater to "opt out" of the Moves-in-the-Field tests. Moves-in-the-field is a technical discipline designed to improve skater's abilities in areas such as stroking, turns, edge work, etc.

Care and maintenance of Figure Skates

- Dry the sole and heel area of boot after skating
- DO NOT leave boots in skate bag when not in use. Leave boots in open to air and completely dry; loosen laces and open boot 'throat' to better allow air flow [NOTE: blades should also be dried and left with skate guards off - condensation will keep blades wet for some time - Absorbent 'terry cloth' blade covers may be left on blades and may help absorb condensation]
- Check sole and heel screws periodically. Water will follow thread and eventually soften the leather. Loose screws can be tightened by 'plugging' holes with small piece of leather or hard wood peg and reapplying screws
- Leather soles and heels should be waterproofed prior to installation of blade for best results. Also this maintenance should be continued periodically to stop water penetration into the leather and possible leather rot. Some waterproofing materials are:
 - sole enamel [black or white - it will build up over time and should be periodically sanded down]
 - bees wax or similar wax-like substance [heat with hair dryer after application. Easy to apply and no build up like enamel; however more frequent applications are required]
 - regular shoe polish [very effective, frequent applications needed and leaves marks]

IBSC Booster Club

Our Booster Club is off to a great start. Thank you to everyone that has helped with our fundraising. We have brought in almost \$1200. Everyone that is a member of the Ice Box Skating Club, including all Learn to Skate members, are encouraged to help with the Booster Club. The money earned will go towards purchasing equipment needed for the Ice Skating Program. The Booster Club is a success because of our parent volunteers.

We have an ongoing program with the AAA Environmental Recycling Ink Jet Cartridges and Cell Phones. Pre-paid envelopes are always available. Please take them and give them to family and friends to help raise money in this worthwhile effort which is helping our environment at the same time. We earn about \$12.00 a month with this program but we know we can do better, so please use and share those mailers.

Our Peeler fundraiser was very successful, thanks to everyone that participated in that. We earned \$731 with that program.

We also did well with the Gift Wrap at Borders, bringing in \$214. Thank you to everyone who came out for that. We will plan on doing that again next year, it really was a lot of fun.

Our next effort will be the *Hacienda Give Back* Night on **Tuesday, January 16th**. Attached to this newsletter are coupons to hand out to family and friends to eat at the Hacienda on Grape road on that specific day. You may go for lunch, dinner (we always try to have a group go together). The best option is to purchase gift cards to use at a later time. The restaurant will give us 20% of the sales of people using their coupons.

We anticipate having a car wash/Port-a-Pit in the spring.

We always need help on Learn to Skate nights, please look for the sign up sheets and help out and meet some great people. Anyone is welcome to help out so don't be shy!

If you are interested in getting more involved with the Booster Club please contact Susan Morris susanRmorris@comcast.net

What A Team Means to me...

Written By: Jill Erin Vargo Age 8

My team is the best team because they all help each other with any move or edge. They were all so kind when I started skating. I love my club so much! I can't wait to get to the rink and skate. When we go to skating competitions, our team screams and cheers even if you fall or trip. I like skating in this club because of all the nice people. All the coaches are very helpful to us when we struggle. Miss Lisa is my coach, and she is a great skater. I like skating and being on a team. And most of all, a great team is one you can rely on.

Contact information:

Michelle Riccio-Mensik IBSkatingClub@aol.com
574-286-0636 www.iceboxskatingclub.org