



[www.iceboxskatingclub.org](http://www.iceboxskatingclub.org)

# SUMMER 2006

We would like to welcome all of the new people that have joined the Learn to Skate program. We are so happy to have you with us. We would like to ask everyone that has internet access to check the Club website for any new information, including class scheduling changes. We are hoping to start up a Yahoo groups for all Learn to Skate members so we can send out information via email. The club website is: <http://iceboxskatingclub.org/>

Summer 2006  
Learn to skate dates:  
June 13            July 18  
June 20            July 25  
June 27            Aug 1  
July 11             Aug 8  
  
Sessions run  
5:30pm – 7:30pm

***Our Figure Skating Coaches:***  
Michelle Riccio-Mensik  
Tracy Hyduk Mulherin  
Lisa Horstman  
Jim McNab  
Amy Reinthaler  
***Our Hockey Coaches:***  
Phil Fleming  
Rich Krupp  
Aaron Nowak

The Pro Shop  
Now carries a full line of figure skating supplies.  
  
Summer Hours:  
Mon, Wed, Fri 12:00pm-1:00pm and 4:00pm-8:00pm  
Tues & Thurs 1:00pm-2:00pm and 4:00pm-8:00pm  
Sat Closed  
Sun 10:00am-8:00pm  
  
Hours subject to change due to schedule

The Ice Box Skating Club Board Members  
Bill Gates - President  
Jeff Stahl - Vice President  
Nancy Kahn - Treasurer  
Michelle Riccio-Mensik - Secretary  
Brian Haygood - Board member  
Mike Klute - Board member

## Ice Box Rink Rules

### Do's

1. Follow the instructions of the ice monitors
2. Be kind to other skaters
3. Skate safely
4. Stop for whistle
5. Listen for your name
6. Respect Coaches
7. Practice, practice, practice
8. Have Fun!

### Don'ts

1. Play tag, chase others, or race
2. Skate in zone between the cones. It is reserved for spin practice.
3. Rough play
4. Use foul language
5. Wear skates into bleachers or on concrete. It ruins the blades.
6. Change music, or enter the announcer's box.
7. Exhibit any disrespectful behavior.
8. Use your skates to dig into the ice surface.
9. Throw apparel onto the ice.

These rules are here to ensure the proper care of the facility, equipment and for the safety and enjoyment of all participants.

Failure to follow these guidelines could result in the loss of your skating privileges.

### For Sale or Looking For Ads

Do you have something to sell or looking to buy?

Contact Susan Morris  
susanRmorris@comcast.net  
to submit items

## FAQ'S and Useful Info

*Do I need to check in each time I come to Learn to Skate class? Yes, please stop by the check in table when you arrive for class.*

*Can my family or friend skate while I am in my class? During the summer when we are down to one sheet of ice we do not have enough room on the ice for family members and friends so we ask that only Learn to Skate members use the open end of the ice before and after lessons.*

*I own my own skates, can I get them sharpened? Yes, you may take your skates to the Pro Shop during opening hours and get them sharpened.*

Fee:

\$6.00 for Figure Skates

\$5.00 for Hockey Skates

We encourage all Learn to Skate skaters to skate on the open end of the ice before or after their class. There is no extra fee for the students and it is great practice for them. The open skate is the same time as class.

***Do not*** walk on cement or the bleachers in your skates without skate guards on!

## 2006 Skating Competitions

2006 Indiana State Championships  
November 10-12, 2006  
Carmel Ice skadium  
Carmel, INdiana

Look for info To Come regarding the  
Ice Box hosting a competition this fall!

These Competitions have categories  
for all learn to skate levels

The Pro Shop Introduces.....

"Protective Equipment Package  
Rental" for Hockey Learn to Skate  
students.

Rental package includes:

- ✓ Pants
- ✓ Helmet
- ✓ Gloves
- ✓ Elbow Pads
- ✓ Shin Guards
- ✓ Shoulder Pads
- ✓ Equipment Bag

Rental Fee: \$30.00 per session  
Package may be purchased for  
\$180.00

For more information about our  
equipment rental package, stop inside  
the Pro Shop or call  
574-288-5753

### **Good Websites**

The Ice Box Skating Club  
<http://iceboxskatingclub.org/>

The Figure Skaters Website  
<http://www.sk8stuff.com/>

US Figure Skating  
<http://www.usfigureskating.org/>

The Ice Box <http://www.theiceboxonline.com/>

### **Open Skate at the Ice Box**

There is public open skate at  
the Ice Box on Friday nights  
from 6:00pm – 8:00pm

Adults \$5.00

Students \$3.00

Skate Rental \$3.00

You can use your skate rental  
value pass during public skate!

# Ice Box Skating Club 2005-2006 Competitive Team Information

## 2006 SUMMER CAMP

### ATTENTION COMPETITIVE SKATERS...

The Ice Box Skating Club is offering our second annual summer camp for all competitive skaters. This camp will be focusing on strength, conditioning and enriching your skaters knowledge of the sport.

#### CAMP CLASSES

Off Ice Training  
Balance & Core Strength  
Classroom Education  
Skating Disciplines  
Power Class  
Ballet  
Jump & Spins Class  
Choreography & Presentation  
Introduction To Synchronized Skating

Date: July 17 - 21, 2006  
Day: Monday - Friday  
Time: 9:00 AM - 3:00 PM  
Place: Ice Box Skating Rink  
Fee: \$ 150.00  
Level: Basic 8 & Up

Registration Deadline is July 3, 2006

Upon registration your child will receive a detailed schedule of activities as well as a camp instruction sheet.

There will be a Test Session for skaters ready to move on to the Pre-pre level on Saturday, July 29<sup>th</sup>. More information to come.

#### CONGRATULATIONS

To all of the skaters who skated in Ann Arbor and at Skate Indy! You guys are AWESOME! Special thanks to our wonderful coaches for their hard work and dedication.

#### Contact information:

Michelle Riccio-Mensik  
mmensik1@aol.com  
574-286-0636  
www.iceboxskatingclub.org

The IBSC collects used printer cartridges and cell phones. There is a collection box in the figure skating room. Please help us earn a little extra cash by bringing in your empty cartridges!